



PANTHERS' POST

March 2023

I am proud to be an agent for God at Parkview Adventist Academy, and I think that our entire staff could say the same for themselves. God has brought together a band of people to be co-labourers with Him and I am so encouraged by all of the staff at PAA for taking the torch and marching onward for Jesus.

Part of what PAA staff can offer students is the privilege of being disciple makers in our classrooms, Bible in hand, and inviting them to participate in authentic experiences to be the hands and feet of their Maker. This month, PAA has 20 students, two staff and two parent chaperones, going on a mission trip to Kenya. We have partnered with [*A Better World Canada*](#) to showcase to our students the impact that they can have when positive partnerships are fostered with incredible organizations. As this mission trip to Kiamaina Primary School in Kenya draws nearer, please continue to pray for the organizers and our students, that they may be filled with the Holy Spirit to do the good work that God has laid before them. Pray for the people, both locally and in Kenya, whose lives will be and have been touched from this incredible opportunity for service.

In February, we began the journey together to Pause & Pray at PAA. We are inviting you to come again, **Sunday, March 5th at 10:30am.** Everyone is welcome!

If we don't see you before Spring Break we wish you all a restful and rejuvenating break!

Mr. Dani Desjardins - PAA Principal

**I ASK THAT THE EYES OF YOUR
HEART MAY BE ENLIGHTENED, SO
THAT YOU MAY KNOW THE HOPE OF
HIS CALLING, THE RICHES OF HIS
GLORIOUS INHERITANCE IN THE
SAINTS,
- EPHESIANS 1:18**



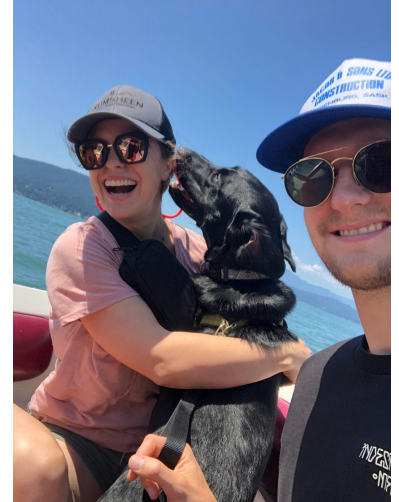
FEATURED STAFF MEMBER

Hello Friends!

My name is Zack Loxdale and I love PAA.

I was born in Charlottetown, Prince Edward Island, where I grew up in the red fields, green forests, and blue ocean. When I was a teenager, my family moved to Nova Scotia, so my sister and I could attend Sandy Lake Academy.

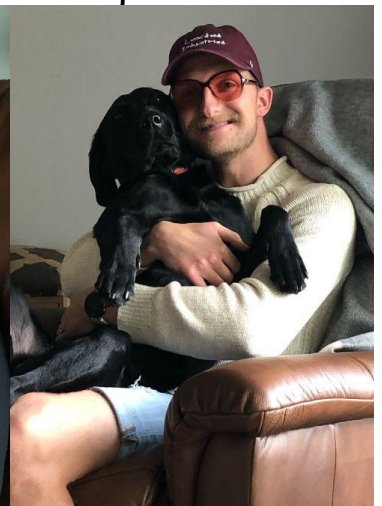
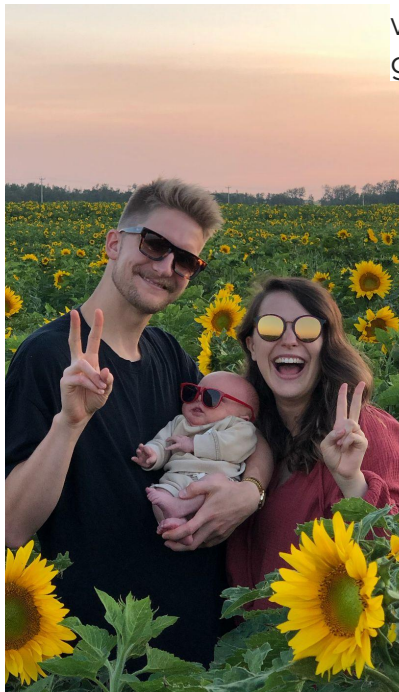
I graduated from Burman University in 2015 with a Bachelor of Education degree, specializing in Religious Studies and minoring in Biology. I worked for a year as a teacher at Coralwood Adventist Academy in Edmonton before returning to Burman to take more science classes. In the fall of 2017, I started teaching at PAA and have been here for the last 6 years. Since beginning at PAA, I've had the opportunity to reboot our Cross Country Running and Track and Field teams.



Throughout my career, I have taught Science 6, 7, 8, and 10; Physics 20 and 30; Chemistry 20 and 30; Religious Studies 8, 9, 10, and 12; Physical Education; Health; and Forensic Science.

I am married to my childhood best friend, Jessica, and we welcomed our beloved daughter, Luna, into the world this past summer. We love being parents and are joyfully adjusting to this new adventure. Our dog, River, is not quite as thrilled, but has been taking his big brother responsibilities very seriously with gentleness and duty. When I am not working, I love to read books on science and religion, trail run with River, road bike, surf in the Atlantic Ocean, and snuggle my giggly daughter.

I love working at PAA because of the staff, the students, and the welcoming and fun environment that they both help to create. PAA gives me the opportunity to be myself; PAA feels like home.



Mr. Zachary Loxdale

What's up PAA?

Online Registration is Now Open



We are excited to announce that our 2023-24 online registration is now open for new and returning students! Space is limited, so we suggest that you register your child as soon as possible. Once you have submitted your registration we will be in touch with you regarding admissions and tuition information.

**Thank you for selecting Parkview Adventist Academy
as your school of choice!**

[Apply Now >](#)



**PAA Mission trip will be
from March 24 -April 2.**
Pray for our students as they go
make a difference to make our
world a better place.



Spring BREAK

Spring Break

No school March 27-31.
Classes will resume April 3, 2023.

What's up PAA?



Purdys' Fundraiser

PAA Home & School is hosting an **Easter fundraiser** to build funds to support our students and teachers throughout the school year. Our goal is to have a greater Home & School presence in the school with the ability to contribute and support various initiatives. In order to do so, we need to raise funds. If you would like to help us reach this wonderful goal, please click on the link:

<https://fundraising.purdys.com/1584420-105489>

**The deadline to order is
Monday, March 6, 2023.**

Mom's Pantry Fundraiser

The Grade 12 class is hosting a fundraiser to build funds for the class trip. Our overall goal is for each student to raise \$300.



We are excited to offer the whole catalogue, filled with ready-to-bake cookies, muffins, croissants, cinnamon buns, pizza crust, dips, spreads, spices, and more, including gluten free options! If you would like to help us reach our goal, please click on the link: momspantry.ca

Order #:367799 Group Passcode: 24420

OR type in Parkview Adventist Academy in the search bar.

The deadline to order is Friday, March 9, 2023.

What's up PAA?

Home and School Association

Home and School is a unique partnership between parents and the school.

This community has the purpose of advancing the cause of Adventist Education in the home and the school.

All parents can be involved in some capacity.

Please contact the Home and School secretary at hsleader@gmail.com to see how you can get involved.



Our next
Home and School Meeting
will be for all parents
Thursday March 16, 2023
at 7:00pm.



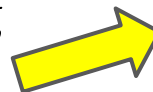
School Photos
Friday March 10

Go Say Cheese

This is for retakes, missed photos,
and new students.

**This is the last chance for school photos.
Students should come for their photo even
if they don't have classes that day.**

Students can sign up by clicking
or scanning the QR code.



Chaplain's Corner

Hi PAA Family!

Here are the updates from Campus Ministries this month:

Black History Month Events

Black History Month is one of those seasons that most of our students look forward to, and they were very pleased with all the experiences they were able to share in this year. Chief among them was the BHM Food Festival! I want to express my sincerest gratitude to all those who made this event possible by donating African and Afro-Caribbean dishes. We deeply appreciate you.

Mission Trip Update

We leave for Kenya this month! It is so surreal to type those words. Thank you very much to everyone who supported this vision and sacrificed to bring it to fruition.

- *Participants' Payment Timeline:*
The deadline for our final amount was February 15. If you weren't able to get all your funds in on time, please do your best to get it in as soon as possible.
- *Mission Trip Orientation:*
Our next orientation will be **March 6 at 6pm**. We have changed the day and time in an effort to make it easier for parents to attend. Please see your emails for further details.

Campus Ministries and Constituent Church Visits

Last month we visited the Ponoka SDA Church and our students did an exceptional job at leading our community in worship at both services. Our next constituent church visit will be to Wetaskiwin SDA Church on March 4. Please come out and support our students!

Blessings,
Pastor Romando



Athletics' Corner

Go Panthers Go!

After a hard fought battle, in a hostile environment where the ceiling is quite literally pressing down on you, our boys remain victorious. I am proud of our boys and their coaches. In many ways it was not an easy season however, I believe we finished strong. Learning to keep one's head up when times are tough and unfair is a lesson worth learning. Basketball has taught me many life lessons and I pray it is the good lessons that our students hold on to and not the bad.

Panthers are now going to be moving into Badminton and Football. Our CASA football trip is scheduled for April 28th-30th in B.C. Look for both badminton and football practices to be scheduled soon.

Hopefully our students are enjoying their new pull-up bars that were recently added to our gymnasium. Thank you to Krenzler Welding for fabricating those for us. We are blessed to have such an amazing facility to play our sports in. Thank you to all the people and sponsors who made this possible. I have heard people from other schools say "wow" many times as they walk into our gym. I pray we can continue to use our facilities to bring enjoyment to our students and glory to God.

Mr. Devon McAfee

Athletic Director - Parkview Adventist Academy



What's up PAA?

March 6-10

Spirit Week

Monday: Crazy Hair Day

Tuesday: Costume Day

Wednesday: Excessive Day

Thursday: Survivor Day

Friday: PAA merch and colours
day

Open Parachute Parent Resource

RESILIENCE: OVERVIEW FOR PARENTS & CAREGIVERS

IS MY CHILD LACKING RESILIENCE?

We have a belief in our world that happiness is "good" and sadness is "bad" and this is perpetuated everywhere we turn. There is always something telling us how we can be happier, or what we can buy that will make us more vibrant or positive. Kids are growing up in a world where there is an underlying assumption that sadness is scary and should be avoided, so it's easy for kids to start thinking that their own difficult emotions are bad or wrong. This causes them to reject themselves when they are experiencing these emotions, which is why they struggle to cope when things are hard.

HOW CAN I BOOST MY CHILD'S RESILIENCE?

As a parent, the best thing you can do for your child is to teach them that all feelings are normal, and that they can relate to their feelings in a healthy way. We want to help them see that sadness and disappointment are useful because they tell us what we care about, and that it is normal to feel scared or lonely as a result of the pandemic and self-isolation. This will help them get out of cycles like shutting down, becoming aggressive, or having a meltdown when they are upset. Below is a step-by-step process for responding to your child's emotions when they are overwhelmed or acting out.

TIPS FOR BOOSTING YOUR CHILD'S RESILIENCE:

1. SOOTHE THE FEELING, DON'T FIX THE PROBLEM

You can say: "I understand you're upset, it's normal to feel frustrated and sad when we are struggling with something! What does it make you feel like? How can we soothe your emotion?" Focus on things like taking long slow deep breaths, or going outside for a bit and then coming back to the task at hand.

2. HELP THEM LOCATE THE EMOTION IN THEIR BODY

You can say: "Where do you feel that sensation in your body? What does it feel like? Can you draw it for me?" This technique brings them out of a sense of overwhelm and helps them relate to their feeling directly, which allows it to pass more quickly and less dramatically.

3. NORMALISE STRUGGLE

You can give examples of people who have gone through hard things and reflect on the hard things you have faced – always showing them that people move through these things and that all hard experiences pass. For example you can say: "Life can be challenging for all of us – even people that you think might lead perfect lives will be struggling in their own way, it's part of everyone's life".

4. SHOW THEM A PATHWAY FOR GROWTH

Help them reflect on the hard things they have faced in the past and what they gained from them. For example you can say: "Remember when that person was mean to you last year, and how you got through it and learned how strong you are, and what makes a good friend?" Use that to lead into their current situation: "What is the lesson you can learn from what you are facing now?"

What's up PAA?

YOUTH OF LACOMBE MARCH BREAK

2-7PM KINSMEN PROGRAMMING ROOM IN LMC



MARCH

GROUP ART PROJECTS

27

LACOMBE MUSEUM & LPAC

MARCH

NAILED IT PAINT & MOVIE

28

MARY C MOORE PUBLIC LIBRARY

MARCH

INTERACTIVE FUN

29

AHS & FAMILY RESOURCE NETWORK

MARCH

D & D AND OTHER GAMES

30

BGC WOLF CREEK - LACOMBE

MARCH

GROUP GAMES

31

BIG BROTHERS BIG SISTERS & FCSS

PROGRAMMING PROVIDED BY
YOUTH PLANNING COMMITTEE
OF LACOMBE..

COME FOR ONE DAY
OR COME FOR THEM ALL!
REGISTRATION REQUESTED
REGISTER BY QR CODE:

FREE!
FOR GRADES 7 TO 12
DIFFERENT PROGRAMS HELD EACH DAY!
FOOD PROVIDED!
DAILY DOOR PRIZES!



SCAN ME

Paying: School Tuition, Fees, and Hot Lunches

Go to

<https://albertasdaedu.powerschool.com/public/home.html>

to pay tuition, school fees, and buy hot lunches
online.

The office sent an email on or around Oct. 12 with
information on how you can access PowerSchool
and Rycor.

In PowerSchool you can view your child's
grades and attendance.

To pay for school fees, click "Pay School Fees" in your
PowerSchool account (on the bottom left side) and it
will open Rycor, where you can make payments and
order hot lunches.

Having access issues? Contact office@paa.ca.

